

Stations of the Cross

We invite you to participate in a traditional spiritual practice of Holy Week: the Stations of the Cross. By walking closely with Jesus during Holy Week, we can more fully understand and appreciate the meaning of his death and resurrection both for us and for the world.

Typically there are 14 stations which imagine different steps that Jesus took from the time he was condemned until he was laid in the tomb.

Many churches have pictures of each station on the walls so that members can remember Jesus' walk each Sunday. There are also some stations outdoors.

[Click here for stations of the cross that you can do at home.](#)

Below, Fred Holden shares his experience of walking the Stations of the Cross at Mother Cabrini Shrine.



373: A 373-step stairway was placed for pilgrims to climb, following Mother Cabrini's path up the mountain, marked with the Stations of the Cross.



The absolutely perfect faith, exercise, fresh air, sunshine to-do place to re-spark and renew your life during the nebulous days of enduring, growing-by and yes, relishing COVID-19. Get back to who you really are, and who has been your creator, protector and sustainer, our God and Son Jesus Christ.



**Steps and Stations
To Resurrection**



Fred and Dottie Holden