



What My Life is All About

I struggle with how much of myself I am willing to give for God to have and control. How much of my life and me am I willing to release and trust to God? That includes my letting go of the anxieties and worries I muster concerning my daily living including my physical well-being. How can I unload my concerns and stop letting my attention and energy be consumed by stress? Although that which I am concerned about is of little consequence when compared to what is going on in some of your lives, I nevertheless struggle with it since it is all very relative—and it is mine.

The words of an old familiar hymn have helped me a great deal recently. I have urged you in the past to learn for memory the words of hymns and psalms. I have once again found them extremely helpful for myself. The hymn: “Take my life and let it be, ever only all for Thee; take my heart and make it Thine, it shall be no longer mine.” Those words resound in my mind over and over again.

That has been my prayer recently and it is amazing how it puts things into perspective. If I turn over my life and heart to God, with that go my worries and concerns and *they are no longer mine.*

In that same order it helps to step back from the immediate situation and refocus on God's reason for putting me here in the first place. What is my life all about anyway?

I believe I am here to bring joy to God, not necessarily by what I do, but primarily by who I am and how I relate to my creator. First and foremost, it is my relationship with God that my life is all about. Whenever I stay focused on that instead of the causes of stress and worry, things fall into place once again. I am relieved of the stress; God takes my burden and cares for me because I am here to bring joy to the Holy One.

It doesn't mean that God will fix things the way I wish them to be. It does mean I am given a completely new way of seeing everything—the bigger picture—God's perspective—the way things truly are, undistorted by my own unwarranted worries.

“Take my life and let it be, ever only all for Thee.” *Yes!*



*I wrote these paragraphs to myself.
Please feel free to listen in.*